



**2014**  
**PLAYER PARTICIPATION RULE**  
*(Applies to Cheer)*

- A. In keeping with our motto, “YOUTH FIRST, SPORT SECOND”, coaches are required to play all participants.
- B. PRACTICE PARTICIPATION
- All cheerleaders will be required to attend and participate in 75% of a team’s practice and games in order to be considered for cheering at scheduled games. If a cheerleader does not meet the 75% requirement prior to each scheduled game, the DC or FFL Board Designee, must be notified in writing on an FFL “Player Participation Form” no less than 24 hours prior to the start of the next game. All cheerleaders are also required to attend and participate in 75% of the practices for competition should the squad choose to compete. Failure to attend the required amount of practices will result in the cheerleader not being allowed to compete. This decision will be made by the Cheer Committee.
- D. Any coach deemed to be in violation of the FFL player participation rule as to gain an advantage, will be subject to restrictions.
- E. Head Coaches will ensure that parent’s sign a form indicating that at least one parent/guardian of every player on their team has read and understands the player participation rule. The FFL Board will make the form available.

Division	Team Name	Parent Signature	Date